

Spiritual Renewal

Psalm 40

Introduction:

Psalms have a unique power to speak to our hearts. Psalm 40 was the Psalm that God used during my recent illness.

I. “I waited patiently for the Lord” (40:1)

There are seasons of life when the Lord seems to be absent.

Consider the idea of “lament” all through the Psalms (Ps. 38, 39).

II. In his time God hears and answers—he sets our feet on the Rock (40:2).

We have a place to stand; our steps are secure.

III. We have a “new song” to sing (40:3-12).

It is something we want to tell the world.

Ultimately the new song comes from Jesus, who came to do God’s will (Hebrews 10:5-9).

IV. But life is still full of troubles (40:13-15).

“Be pleased, O Lord, to deliver us.”

Jesus prayed for us and then went through the valley of death for us.

V. We will always be poor and needy (40:16, 17).

The dilemma of Romans 7 and 8

The gift of communion

“Just As I Am” – the song of one who is poor and needy yet complete in Christ